



**Ask Rose Ariadne**  
<http://www.askroseariadne.com>

## **Magick Potion Power: Fact or Fallacy**

William Shakespeare (1564-1616)  
 from Macbeth

A dark Cave. In the middle, a Caldron boiling. Thunder.

1 WITCH. Round about the caldron go;

In the poison'd entrails throw.—

Toad, that under cold stone,

Days and nights has thirty-one;

Swelter'd venom sleeping got,

Boil thou first i' the charmed pot!

ALL. Double, double toil and trouble;

Fire burn, and caldron bubble.

2 WITCH. Fillet of a fenny snake,

In the caldron boil and bake;

Eye of newt, and toe of frog,

Wool of bat, and tongue of dog,

Adder's fork, and blind-worm's sting,

Lizard's leg, and owlet's wing,—

For a charm of powerful trouble,

Like a hell-broth boil and bubble.

ALL. Double, double toil and trouble;

Fire burn, and caldron bubble.

3 WITCH. Scale of dragon; tooth of wolf;

Witches' mummy; maw and gulf

Of the ravin'd salt-sea shark;

Root of hemlock digg'd i' the dark;

Liver of blaspheming Jew;

Gall of goat, and slips of yew

Sliver'd in the moon's eclipse;

Nose of Turk, and Tartar's lips;

Finger of birth-strangled babe





Ditch-deliver'd by a drab,—  
Make the gruel thick and slab:  
Add thereto a tiger's chaudron,  
For the ingrediants of our caldron.  
ALL. Double, double toil and trouble;  
Fire burn, and caldron bubble.  
2 WITCH. Cool it with a baboon's blood,  
Then the charm is firm and good

Witchcraft is inseparable from potions. In myths, lore and history, the most wonderful of supernatural powers were assigned to the magickal brews concocted by witches in their bubbling cauldrons. Now, in modern times, there are many who question these powers, wondering if – after all – potions are not hullabaloo and hocus pocus. Then there are others who firmly believe that Witches' potions are harmful - brewed to serve some evil, unholy and malevolent purpose. In this article we are going to take a glance at the potions of the modern Witch or Wiccan to see how it works and what it is really used for.

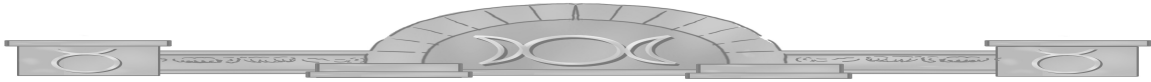
Perhaps from the outset, it would be good to clear something up. Wiccans abide by the Wiccan Rede, which is a set of laws that were – according to the majority of sources – written by Doreen Valiente. The Rede clearly states that Wiccans are not allowed to harm anything or anyone in any way: potions included. This means that potions are not for harmful purposes, but to manifest a positive change in the life of the person, place or animal it is intended for.

Wiccan potions can be used to sprinkle an area, to consume, to anoint, to add to a ritual bath or be used to absorb energies. The ingredients of some of the ingredients used in potions can be harmful or harmless if consumed. That is the nature of herbalism and the ability to harm or heal depends on how the ingredients are diluted and applied. Harmful ingredients are not ingested – much as you would not drink an essential oil such as eucalyptus – but applied topically instead. Harmless ingredients can be consumed. An example of this is a brew containing chamomile.

To successfully brew Wiccan potions, one has to either have a failsafe recipe or be adept in the art of herbalism. Added to this, knowledge in terms of lunar phases and astrological correspondences, as well as proficiency in the use of crystals, candles, oils, incenses, etc, are necessary.

This is because the act of brewing potions is preceded by careful planning. You need to know the appropriate herbs to choose with your end purpose in mind, when to harvest the herbs, which parts of it to use, how to extract the essence of the herb, when to do it, and what you need to apply in the lines of colors, incense and crystals to strengthen the efficacy of the potion. While





brewing, undivided attention is prerequisite and the brew has to be infused with a steady stream of willpower and intent throughout.

The water used in making the potion is of the utmost importance. The use of spring-, rain and distilled water is recommended over tap water. Mineral and sea water are only sometimes suitable – if specifically so indicated - because of their high mineral content.

When brewing the use of microwave for heating purposes is discouraged, as is the use of metal containers. These negatively affect the essence of the herbal material you use in your potions. Enamel, pottery and glass containers are recommended, as are conventional and traditional methods of heating. A very safe form of brewing is achieved when a glass jar is used and the mixture is left on sunlight for a couple of hours. Potions should be used as soon as possible, not letting them stay for more than four days. When you make potions, put them in the refrigerator and after three or four days, spill them back to the Earth.

A word on love potions ...

Real Wiccan love potions never interfere with free will. Love potions and aphrodisiacs should always be prepared when the moon is waxing. Some Wiccans believe that no potion you can possibly make, will snare somebody to make them your love slave and that love potions can soften feelings, but never change them.

So, do the magickal potions concocted by Wiccans work at all? This is a question that only a Wiccan can answer – an answer that will be a most definite yes. The herbal properties and the Magick of a spell harmoniously join forces to bring about changes for the better – whether it is healing, cleansing or creating prosperity.

If you are interested in trying for yourself, the following two sites offer potions for sale to those in need...or perhaps even just curious:

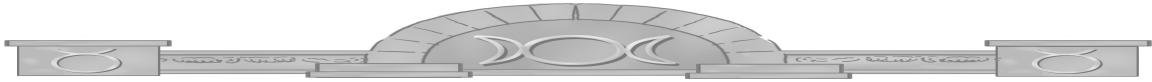
1. <http://www.capricornslair.com/herpotandsun.html>
2. [http://stores.ebay.com/Sacred-Wicca\\_W0QQcolZ4QQdirZ1QQfsubZQ2d999QQftidZ2QQtZkm](http://stores.ebay.com/Sacred-Wicca_W0QQcolZ4QQdirZ1QQfsubZQ2d999QQftidZ2QQtZkm)

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**<http://www.masteringmagickwitchcraft.com>**

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