



**Mastering The Magick Of Witchcraft**  
<http://www.masteringmagickwitchcraft.com>

**Rose Ariadne Blog**  
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## **First Step In White Magic Spell Casting – How To Create Your Sacred Space**

Your sacred space is your place of power. And you need not one, but two of them. Let me explain.

First, you need to create your “internal sacred space”. This is that place deep inside of you where you find total clarity and focus. It is filled with your most sacred thoughts, dreams, and emotions. You will go inside of yourself, to your sacred space, when you do your Magick work - and before casting any of the free white magic spells I offer..

Second, you will need to create your “external sacred space” where you do the spells. You can set up as many, or as few of these as you want. I like to have an external sacred space outside in my backyard, and also one in my house.

Your external sacred space will contain your altar, circle, and many other items that represent you as a unique and special person. These items should evoke positive emotional feelings inside of you, so that you can draw on this emotion as you cast your spells – but we’ll get into that a little later.

For right now, just understand that you must prepare your external sacred spaces before you set them up to connect with your emotions, and your Magick energy for spell casting (this mostly applies for white magic practitioners..

One of the biggest mistakes people make when doing Magick is they don’t set up an internal sacred space. They only focus on the external space, and most don’t even realize there needs to be an internal sacred space to have success with spells and rituals.

I am going to run through the steps you will need to take to set up your internal sacred space for the best spell results, and cultivate it throughout your life.

There are extremely detailed steps for this (with a complete checklist), as well as a DVD guided demonstration for setting up your sacred space in my Home Witchcraft Academy.

**How To Set Up Your Internal Sacred Space For White Magick Spells**





After your internal sacred space is set up properly, you will be able to use it whenever you need it to find peace in difficult times. As you gain more experience connecting to Magick in your spell work – you will eventually get to the point where all you need is your internal sacred space to connect with the power of White Magick.

That is how powerful your internal sacred space can be.

For now, you will set up your basic internal sacred space by following 2 main steps. It is best to do this before doing any white magick spells (by the way, the ones I offer are free)- and before ever attempting any witchcraft spell ritual.

### **Step 1: "The Realization"**

Find a quiet place where you can sit down and concentrate. Preferably outside on a nice day, but you can also find a quiet place in your house where you feel at peace.

Grab a pen and a piece of paper of clean 8 ½ x 11 notebook paper, sit in a comfortable position, and close your eyes.

Take a few deep breaths and think of emotional and sacred things in your life. These could be fond memories, certain people in your life, emotions, feelings, important objects, places, etc. If you think of negative things, immediately "sweep" them out of your mind. When you are done, you need to only be left with all of the sacred things in your mind.

Relax, and concentrate until you feel you are "ready". When you open your eyes, let your list fall out of your pen and onto the paper. Just let it flow. I want you to write down everything in a list. Be as detailed as you possibly can about each sacred thing you can think of. If you have a specific spell in mind that you want to cast, make sure to focus on the results you are looking for in the spell as well. (Remember, these are sacred things to YOU, and they can be anything that brings positive emotion into your heart)

When you are done, turn the paper over.

Now, close your eyes again and think of everything that is NOT sacred to you. Think about your biggest long term problems, things that irritate you, things that make you sad. Nobody is perfect, think about your flaws as a person. Think about anything that brings negative emotion into your heart. We do this because if any negativity gets into the spells we are casting, unpredictable effects (and undesirable effects) can come.

Once you have brought them all into your mind, open your eyes and write them all down on the back of the same paper.





All of these negative things will keep you from creating your sacred space. Next you will find out how to keep them out of your sacred space so that you will have a true place of power within you for spell-work.

Fold up the paper and get ready for step 2.

Please go here to get the rest of the steps, and also to get the white magick spells that I am offering you...

## **Step 2: "The Cleansing"**

You've now got your lists. On the front you have a list of things that are "sacred" to you. On the back you have a list of all things that are NOT sacred (the things that bring negative emotions into your heart).

Now, you will need to gather a few tools to use to finish the building blocks of your internal sacred space. Gather the following items:

- White candle in a holder
- Matches, or a lighter
- A glass (or ceramic) bowl
- A glass of water

Set them up in front of you like this (the bowl should be directly in front of you):

When you are ready, light the candle. Let it become your focus. Feel the heat and energy coming from the candle. Visualize it's energy surrounding you, enveloping you in it's light and warmth. Let it's light fill the aura around your body. See this light purifying your energy, filling your heart with it's pure, white glow.

After you feel warm and pure from the light of the candle, take the paper and unfold it.

Slowly read the list of sacred things aloud. Allow yourself to pause between each one and think deeply on it.

When you have gone through your entire list, say the following aloud, and with purpose:

"These Sacred things that I see  
Make them all a part of me  
Help me raise the energy"

Now visualize each item from your list rising up off of the paper to brighten the white purifying light around you.





Next, fold the paper back up without even looking at the list of negative things. Gently hold the folded paper into the fire on the candle (be very careful not to burn yourself or anything around you).

Once the paper catches fire, drop it immediately into the bowl. Now say aloud:

“Cleanse the Space inside of me  
And rid all negativity  
I accept no less – So Mote It Be”

Now watch the flames carefully as they burn the rest of the paper while you focus on feeling your positive sacred energy full of grand emotions. Feel the energy again, surrounding you and cleansing your space with white purifying light, filled with all of your sacred things.

Pour some water into the bowl to put out the rest of the flames and ash to “cleanse” all the negativity from your space.

Now blow at the candle.

You have now set up your basic internal sacred space that you are going to build on in the future.

When you first set up your sacred space in this way, do this once a week for 4 weeks to reinforce it and grow the power of your space. (you can write down different things, or the same things every time)

Going forward, you are going to want to do this once a month to keep your sacred space clean so that your Magick will work to it’s fullest and won’t be tainted with negativity.

In my Witchcraft Academy In-A-Box, I reveal some powerful techniques you can use to boost the power of your sacred space every day and use it to tap into Magick energies any time you need to (even when you are walking down the street).

I will also go into detail (with video demonstrations) the process of creating your internal sacred space – as well as exactly how to set up and “cleanse” your external sacred space. I need more time to explain the external sacred space, and it is really something you need to “see” before you can understand completely what you need to do.

You will also discover the secrets of “short term” and “long term” sacred space and “natural hot spots”. All of these things will increase your focus giving more even more strength to your spells and other work.

See Mastering The Magick Of Witchcraft (<http://www.masteringmagickwitchcraft.com>) for more details.





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